Social Awareness

Mississippi Department of Human Services, Independent Living Program

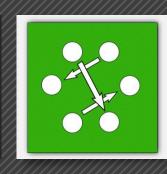
Southern Christian Services for Children and Youth, P.R.E.P.A.R.E. Program

Diversity Objectives



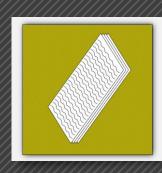
- Understand how to respectfully interact, work, and live in a community with others who are different from you
- Define and describe diversity
- Define and describe culture

Inside Outside



Follow your color-group leader's instructions to prepare a representation of your color group's similarities and differences.

Respecting Others

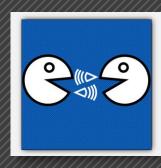


"Men are respectable only as they respect."

-- Ralph Waldo Emerson

On your handout "Respecting Others", write a description of yourself - 25 words or less.

Respecting Others



- · Compare your handout with your partner's.
 - Of the words you used to describe yourself, how many relate to personal attributes (ie., handsome, fun)?
 - How many relate to learned skills (i.e., musical ability)?
 - How many relate to race or ethnicity?
 - Explain to our partner how you learned this information about yourself.
 - Were your views shaped by family? Friends?
 Relatives? The media?

Diversity



 Diversity: The qualities that make individuals different from or similar to others, such as personal history, gender, race, sexual preference, abilities and disabilities, religion, class, professional, and education background, etc.

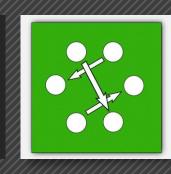
What is Culture?



- Culture: The vast structure of behaviors, ideas, attitudes, values, habits, beliefs, customs, language, rituals, and ceremonies practiced by a group of people.
- Culture provides a general design for living patterns for interpreting reality. We each have many cultures that help make us who we are.

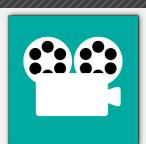


Diversity Ball



Catch the ball and answer the questions as directed by the presenter.

Culture Shock



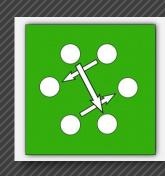


Bullying Objectives



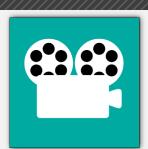
- Define and describe bullying
- Define and describe cyber-bullying
- Know how to react to bullying

To Be or Not To Be



- Take a few minutes to brainstorm about some instances of bullying you have seen or been a part of
- The presenter will ask your team to act out one of these situations either:
 - An example of bullying
 - How to deal with bullies
- Each skit should be around 2 minutes

Scut Farkus





Bullying



What is bullying?

- Bullying is unwanted aggressive behavior among individuals that involve a real or perceived power imbalance.
- The behavior is repeated or has the potential to be repeated over time.
- Three types of bullying:
 - Verbal bullying
 - Social bullying
 - Physical bullying



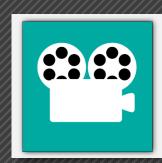
Cyber Bullying





- Cyber Bullying
 - Social Media
 - Text Messages
 - Online Chat
 - Forums
 - Other Websites
- What are some examples of cyberbullying?
- How is cyberbullying different?

Cyber Bullying Prevention





Effects of Cyberbullying



Youth who are cyberbullied are more likely to:

- Use alcohol and drugs
- Skip school
- Experience in-person bullying
- Be unwilling to attend school
- Receive poor grades
- Have lower self-esteem
- Have more health problems

Be More Than a Bystander





Race/ Ethnicity Objectives



Define Race and Ethnicity

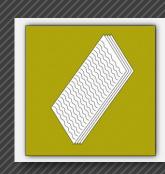
Understanding Race and Ethnicity



What is the difference between "race" and "ethnicity"?

- Race is generally defined as a categorization of humans into populations based on genetic or heritable traits such as skin color, hair texture, and facial features (Bamshad & Olsen 2003).
- Ethnicity is more closely related to culture rather than race, but is not synonymous with either. The word ethnicity comes from the Greek word ethnos which translates to English to mean "nation".

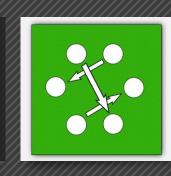
Race or Ethnicity



On your handout, "Race or Ethnicity", see if you can determine if the features discussed for each person is an example of their race or their ethnicity.



Let Your Flag Fly



Take ten minutes to create a flag that represents yourself, including your beliefs, ethnicity, and race.

Religion Objectives



• Define religion and outline various beliefs

Religion and Various Beliefs



- What are some of the major religions in the United States today?
- 1. Christianity (173 million)
- 2. Non-religious (34 million)
- 3. Mormon (3 million)
- 4. Jewish (2.7 million)
- 5. Islam (1.35 million)
- 6. Buddhist (1.2 million)

Christianity



- What do you know about Christianity?
- Basic Christian beliefs:
 - There is only one God, though He is represented in three separate persons: God, Jesus, Holy Spirit
 - Jesus is the Son of God
 - A person can have a personal relationship with God as a result of Jesus' sacrifice
 - There is life after earthly death, how you spend it is determined by your relationship with God

Mormonism



- What do Mormons believe?
- Basic Mormon beliefs:
 - God was once a man who lived on another planet
 - Everyone is eternal
 - Mary was not a virgin, God physically impregnated her
 - Truth is determined by feelings
 - You can save your deceased ancestors through prayer

Judaism



- What do Jews believe?
- Basic Jewish beliefs:
 - There is only one God, Yahweh or Jehovah
 - Humankind was created in the image of God
 - Jews are uniquely connected with each other in community
 - One day a Messiah will unite the world and bring peace
 - Emphasis on actions, particularly on following religious law

Islam



- What do Muslims believe?
- Basic Muslim beliefs:
 - There is only one unique God, who has no son or partner
 - Angels exist and are exalted creatures
 - God revealed His truth in the Quran
 - God's final message to mankind came through the prophet, Muhammad
 - Heavy emphasis on actions and obedience to the teachings of Muhammad

Buddhism



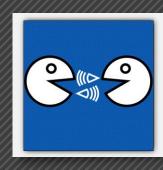
- What do Buddhists believe?
- Basic Buddhist beliefs:
 - More of a philosophy than a religion, summed up as
 - Lead a moral life
 - Be mindful and aware of thoughts and actions
 - Develop wisdom and understanding
 - Teaches the Four Noble Truths:
 - Life is suffering
 - Suffering is caused by craving and aversion
 - Suffering can be overcome and happiness attained
 - Leading a moral life leads to an end to suffering

LGBTQ Objectives



Define LGBTQ

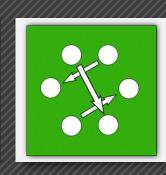
What is LGBTQ?



Discuss with your partner what you think LGBTQ means. Can you identify each letter of this acronym?

- Lesbian
- Gay
- Bisexual
- Transgender
- Questioning

Responsible Egg, Part 2



Time to see who has the most eggs.